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## Meeting Minutes September 6, 2016

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**Mission:** *To organize healthcare stakeholders by providing a structured forum for sharing valuable knowledge, finding common solutions, and identifying resources to improve health outcomes, improve quality and patient experience of care, and to lower costs of care in the region.*

**Members:** Dr. Kevin Rich, Chair; Gina Pannell, SHIP Manager; Dr. David Peterman; Dr. Karl Watts; Dr. David Gough; Dr. Troy Clovis; Russ Duke; Mark Babson; Brian Windau; Lyle Nelson (by phone); Deena LaJoie; Todd York; Matt Johnson; Melissa Mezo; Luis Lagos

**Members Absent:** Dr. Michael Koenig; Dr. George Beauregard; Kelli Fairless; Jennifer Burlage; Megan Stright

**Guests:** Dr. Ted Epperly; Miro Barac (by phone); Melissa Dilley; Kim Thurston; Jamie Aanensen; Rob Howarth; Josh Campbell; Steve Davis; Amy Mart; Megan Kelley; Jayne Josephsen; Xenya Poole

## Agenda Topics

### CHC Alignment with SHIP

Dr. Ted Epperly, Chair of the Idaho Healthcare Coalition, delivered a brief history of the creation of SHIP, as well as a recap of the seven goals of SHIP, and a review of measurable successes to date.

Additional discussion topics included:

- Prioritizing goals
  - Ensure PCMH is working in the individual regions
  - Keep goals/projects simple
  - Focus efforts on 1 or 2 projects that can make a difference
- Future of SHIP
  - Achieve sustainability
  - Continue support for Cohort 1 with the commencement of Cohort 2

When asked, Dr. Epperly shared his opinion on a simple idea that would produce a measureable health benefit: issuing pedometers. Introducing these small, inexpensive devices could help in the fight against multiple disorders such as obesity, depression, heart disease, and diabetes.

### Cohort 1 PCMH Update

Due to time constraints, the presentation on Cohort 1 by District 4's QI staff was deferred until the next meeting.

### CHC Website Update

Gina Pannell announced the launch of the new CHC website and displayed the homepage at <https://centralhealthcollaborative.com>. Time did not allow for a demonstration, but she encouraged members to explore the current site and provide feedback, including any recommendations for future utilization and/or expansion.

## CHEMS

Mark Babson and Xenya Poole presented an overview of the Community Health EMS (CHEMS) Initiative with a PowerPoint presentation (see materials in the “Attachments” link on CHC website).

Discussion included:

- Alignment with SHIP’s goal #4 to develop virtual PCMHs: CHEMS, CHW, and Telehealth
- Recruitment and Community Paramedic Education opportunities through Idaho State University
- Mentoring/coaching and achieving measurable outcomes
- Sustainability

Following the presentation, time was allotted for questions and comments. Some participants expressed their positive experiences with this program, yet a larger concern was exposed relating to patient care taking place outside the PCMHs and the need for improved communication and understanding about the multiple programs to improve coordination and prevent:

- Increased workload for primary care physicians
- Duplication of services
- Confusing patients

Further discussion was tabled to allow the collaborative to focus on identifying existing programs that support their patients in the community and discuss/fine-tune communication pathways.

### *CHC Action Items:*

<i>WHO</i>	<i>WHAT</i>	<i>WHEN</i>
<i>All</i>	<i>Review CHC website</i>	<i>Due 10/04/16</i>
<i>Mark Babson</i>	<i>Distribute CHEMS Introduction letter , FAQs, goals, benchmarks, etc. to Gina to distribute to collaborative members</i>	<i>Due 10/04/16</i>
<i>Melissa Dilley</i> <i>Kim Thurston</i>	<i>PHD QI Staff to present cohort 1 clinic updates on PCMH efforts to-date.</i>	<i>Due 10/04/16</i>

## Adjourned

- Dr. Kevin Rich, CHC Chairman, thanked the Collaborative members, presenters, and guests for their participation in today’s meeting.

**Next Meeting:** Tuesday, October 4<sup>th</sup>, 2016  
1:00 p.m. – 2:30 p.m.  
**Location:** La Quinta Inn and Suites  
7965 Emerald St. Boise, ID  
**Call In:** 1-855-291-0679

*Please note the original agenda indicated our next meeting was Nov 1, but we will be convening in October.*

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