



Central Health Collaborative
- Meeting Minutes -
February 6, 2018

Mission: To organize healthcare stakeholders by providing a structured forum for sharing valuable knowledge, finding common solutions, and identifying resources to improve health outcomes, improve quality and patient experience of care, lower costs of care, and improve joy of practice in our region.

Member Attendees: Dr. Kevin Rich, Ashley Knight, Deena LaJoie, Kathy Ellis, Dr. Fernanda Brendefur, Dr. Karl Watts, Jennifer Burlage, Russ Duke, Lyle Nelson, Dr. David Peterman (phone), Luis Lagos (phone), Melissa Dilley, Kim Thurston, Tara Fouts

Guests: Jaime Aanensen, Rob Howarth, Dawn Juker (phone)

Agenda Items:

❖ **Cohort 2 PCMH Update**

Kim Thurston and Tara Fouts, PHD4 SHIP Quality Improvement Specialists, provided a high level overview of their work to assist 14 Cohort 2 clinics along their PCMH transformation journey throughout the past year. They reviewed the successes and challenges of the PCMH transformation experience among these clinics. Successes included facilitating cross-clinic collaboration and mentoring opportunities and creating a care management package for clinics using resources from a variety of public health district program grants.

Moving forward, Region 4 will add an additional 7 clinics in Cohort 3. Goals for Cohort 3 clinics include resource sharing, focusing on building relationships across clinics from all cohort years and connecting clinics with community resources across the Medical Health Neighborhood.

At the end of their presentation, Kim and Tara received wonderful feedback from CHC members commending them for the great job they are doing in support clinics through PCMH transformation. Dr. Watts went on to say that *"The most valuable piece of SHIP is by far the QI Specialists."*

❖ **Community Needs Discussion – Pathways Community HUB**

Dr. Fernanda Brendefur, Principal with Whittier Elementary School, presented on the challenges that face the children and families of Whittier Elementary School. The group discussed how we may all work together and leverage partnerships to improve community health outcomes for this group, utilizing the Pathways Community HUB model.

Dr. Brendefur presented the following:

- Whittier Elementary School is currently under construction. There are 545 children attending school in a building built for 300. There are also 69 staff members onsite. A portion of the current building will be turned into a community center.

- Whittier is a Community School that has become a hub for not only Whittier families but for other families that live in the neighborhood as well. The Community Schools Strategy helps to break down the barriers that keep students from being academically successful. Whittier is in their second year of the program, employing a Community Schools Coordinator – Maritza Romero. Within the Boise School District, Morley Nelson, Garfield and Whitney Elementary School are all implementing the Community Schools Strategy.
- Services currently provided to families at Whittier, include:
 - A mobile food pantry in partnership with the Idaho Food Bank
 - Health screenings in partnership with Idaho State University
 - Flu shots in partnership with St. Luke’s
 - Family parenting classes (available in English and Spanish) in partnership with Boise Police Department and Idaho Department of Health and Welfare
 - A clothing closet
- Challenges that families face include:
 - Transportation
 - Housing
 - Access to medical care
 - Sharing medications among family members
 - Lack of interpreter services
 - Students becoming homeless through the school year
 - Trauma and lack of counseling services
 - Lack of trust in various service providers
- Moving forward – Whittier is currently interviewing two mental health agencies to provide mental health counseling onsite.

❖ Discussion

Jennifer Burlage with IDHW provided ideas for connecting with Whittier. Ideas include:

- Children’s Mental Health Crisis team
- Crisis intervention teams with the local police departments
- Children’s transformation or YES program
- Navigators at IDHW
- Mental Health First Aid Training

Kathy Ellis with the Blue Cross of Idaho Foundation for Health offered to assist with providing an ACES training for staff and parents at Whittier as well.

Lyle Nelson with St. Luke’s McCall offered his thoughts on how this could be a success story for preventive health. Whittier Elementary School is starting with kids ages 3 to 7, where they can really take action around true prevention. People are really ready for this type of work to be a priority. Models like this, models for collaboration, see a tremendous return for the health of communities.

Russ Duke mentioned that the Pathways Community HUB model can act as a sustainability plan. With the Pathways program we can see the best return on investment when working with kids in this population, by connecting the health and medical neighborhood together.

❖ **Next Steps:**

We ask that all CHC members think about where we can fit in and how we can help these families using the Pathways Community HUB model. At our next meeting we ask that you come prepared to brainstorm strategies.

❖ **Next Meeting:**

Tuesday, April 3, 2018

1:00 p.m. – 2:30 p.m.

❖ **Location:**

Central District Health Dept. /Syringa Room

707 N. Armstrong Pl, Boise, ID 83704